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FINDI FIBIAN TI

RELATIONSHIP BETWEEN OBESITY WITH LOWER BACK PAIN COMPLAINTS (LOW BACK PAIN) CALL CENTER STAFF AT PT BANK PERMATA 2016

(VI Chapters, 80 Pages, 8 Pictures, 17 Tables, 1 Chart, 3 Attachment)

ABSTRACT

Background: The occurrence of low back pain may associated with multiple risk factors as job characteristics, personal factors, environmental factors of physical activity, obesity with a high body mass index, sedentary lifestyle, and smoking habits.

Objective: Knowing the relationship between obesity with lower back pain complaints (low back pain) Call Center staff at PT Bank Permata 2016.

Methods: This research uses descriptive analytic approach, with sample of the employees 124 respondents. The statistical test used the *Spearmanrank* correlation test.

Result: The result show 62.90% that employees who have obesity $IMT \geq 30,00$ Kg/m^2 and 50.81% employees who have lower back pain complaints (LBP) with weight category (≥ 33). Then from the bivariate results showed the relationship between obesity with lower back pain complaints (low back pain) Call Center staff at PT Bank Permata ($r = 0,996$; $p\text{-value } 0,000 < \alpha 0,05$).

Conclusion: There is relationship between obesity with lower back pain complaints (LBP) Call Center staff at PT Bank Permata 2016.

Keywords: Obesity; Lower back pain complaints (low back pain); Call Center; PT Bank Permata; *Spearmanrank*.

Bibliography: 29 References (2000 - 2014)